



ADVENTURELUST ✦
EPIC ADVENTURE MEET-UP

THE PEAK OF AFRICA
6-Night Kili Climb
Program

*It Doesn't Get Higher Up on
the Bucket List Than This.*



This is a 7-day Kilimanjaro hike (9 Day Program) starting at Machame Gate to the south west of the national park. It ascends sharply through afro-montane forest, into the heath zone and on to the edge of the remnants of the Shira Volcano. The route then circumnavigates the main peak, Kibo, anticlockwise. En route we pass some spectacular features such as giant steps and glacial valleys. The final ascent is from Barafu Camp. It is a night time ascent to Uhuru Peak via Stella Point. The descent is via the Mweka Route.



Program Overview

Sept 15: Arrive In Arusha (Hotel booked separately)

Sept 16: MACHAME CAMP

11km hike (5-7hr)

Elevation Gain 1,035m

Sept 17: SHIRA CAVE

5km hike (4-6hr)

Elevation Gain 915m

Sept 18: BARRANCO CAMP

10km hike (6-8hr)

Elevation Gain 150m

Sept 19: KARANGA CAMP

5km hike (4-5hr)

Elevation Gain 95m

Sept 20: BARAFU CAMP

4km hike (4-5hr)

Elevation Gain 678m

Sept 21: KILIMANJARO SUMMIT/MWEKA CAMP

18km hike (14-16hr)

PEAK 5895m

Elevation Gain -1,537m

Sept 22: Arusha (Hotel booked separately)

Sept 23: REST DAY FOR THOSE GOING ON SAFARI -

TWC KAHAWA HOUSE

DAY 1 - ARRIVE IN ARUSHA



It is ideal to arrive in Arusha at least one full day before your anticipated climb - this allows you some time to rest and adjust to the time change. It also allows time for the climbing company to check your pack and ensure your equipment is adequate for the climb - if pieces are recommended to be replaced they can be rented or purchased in town.

Accommodations prior to the climb can be arranged for an additional expense or can be self arranged - however the meeting point before the climb is AIRPORT PLANET LODGE



OPTIONAL ACCOMMODATION

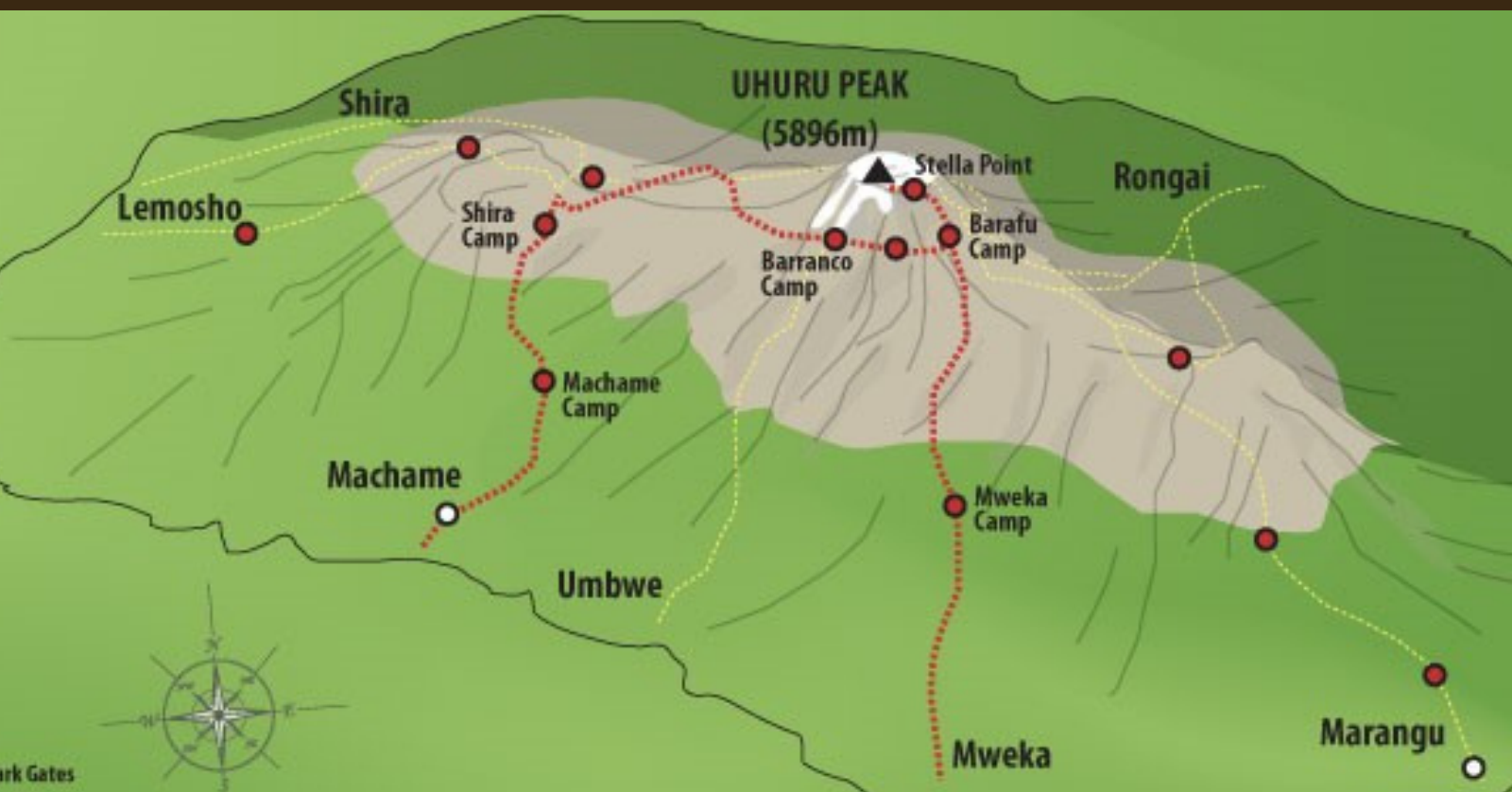
Airport Planet Lodge



' A TRANQUIL LODGE LOCATED NEAR THE
KILIMANJARO AIRPORT - RELAX BY THE POOL OR THE
NEARBY WALKING TRAILS '



DAY 2 - MACHAME CAMP



MORNING RENDEZVOUS FOR BRIEFING/DEPARTURE AT AIRPORT PLANET LODGE

After breakfast you will transfer to Kilimanjaro National Park - departing from Machame Gate. Today's hiking is through verdant afro-montane forest and is steep in places. A picnic lunch is taken on trail during the hike before reaching Machame Camp for the night.

Distance: 7 miles/11 km - Duration: 5-7hours



DAY 3 - SHIRA CAVE



After a hearty breakfast set off through more afroalpine forest - this section of the trail is steep and altitude is gained rapidly, however you will reach the next camp in time for a hot lunch. During this hike you will pass through a zone called 'Heath' which is home to attractive heliocyathus and lobelia plants and various geological features from lava tubes to glacial valleys.

Distance: 3 miles / 5 km - Duration: 4-6 hours



DAY 4 - BARRANCO CAMP



Today is a “walk high sleep low day” - ascending into the alpine desert zone to lava tower (4600m). Once at lava tower enjoy lunch before descending to Barranco Camp. It’s a long day but note that the next time you head to this altitude is in 2 days time at base camp -- a great acclimatization day!

Distance: 6 miles / 10 km - Duration: 6-8 hours



DAY 5 - KARANGA CAMP



Today will be a shorter hike - ascending Barranco wall and hike glacial valleys before reaching Karanga Camp in time for lunch. The afternoon is spent relaxing and acclimatising. An evening practise summit walk will be taken to ensure you are comfortable with the kit you are going to summit in.

Distance: 3 miles / 5km - Duration: 4-5 hours



DAY 6 - BARAFU CAMP



Another half day spent hiking - making slow elevation gains. Lunch will be served once arrived at Barafu camp and the afternoon is spent relaxing and resting before summit day. Still located in the alpine desert zone - high winds are the norm but in the evening you often can capture splendid views of Mawenzi Peak. Dinner and sleep will be relatively early as summit day will be a BIG ONE!

Distance: 2.5 miles / 4 km - Duration: 4-5 hours



DAY 7 - KILIMANJARO SUMMIT/MWEKA CAMP



Starting your trek to the summit around midnight, you will pass through more alpine desert into the arctic zone. Most arrive at the rim Stella Point (5750m) just around sunrise - from here the final section to Uhuru Peak is relatively short, arriving at the summit - THE ROOF OF AFRICA (5895m)!

After your summit you will return to base camp for a change of clothes and refueling before the long descent to Mweka Camp. The downhill is hard on the knees and walking poles at this stage are highly recommended. You should reach Mweka Camp before dusk for your final night on the mountain.

Distance: 11 miles / 18 km - Hike Duration: 14-16 hours



DAY 8 - RETURN TO ARUSHA

OPTIONAL ACCOMODATION: TWC KAHAWA HOUSE



After breakfast embark on your final descent through a montane forest, arriving at the gates around lunch time. From here you will bid your crew far well before transferring back to your Arusha accommodation for a hot shower and rest! Later in the evening you will be visited by our Representative to congratulate you on your achievement. Those joining the next part of our adventure will shift into safari mode!

Hike Duration: 3-4 hours





Packing List

- Sleeping bag – Winter
- Four Season Duvet Jacket
- Waterproof layer for big bag
- Rain cover for day pack
- Dry sacs for wet gear
- Sun hat/cap
- Woolly hat/toque
- Scarf
- Balaclava
- Sunglasses
- Wet weather jacket
- Wet weather trousers
- Warm upper body layers
- Thermals
- Thick waterproof gloves
- Thin gloves
- Gaiters
- Thick socks
- Thin socks
- Hiking boots-waterproof
- Spare laces
- Jogging shoes/flip flops
- Walking poles
- Water bottles – 2 to 3ltr
- Water bladder
- Iodine water purification tablets
- Snacks
- Protective Eye Goggles
- Head torch/hand torch
- Spare bulb, if needed
- Spare batteries
- Camera
- Memory cards
- Towel, i.e., quick dry type
- Toiletries
- Repellent (first day)
- Face lotion
- Lip balm
- Sunscreen
- Hand sanitizer
- Wet wipes
- Personal first aid kit.

PLEASE NOTE:

- Our camp includes a private flushing toilet, which came HIGHLY recommended!
- There will be a secure place to keep our packs for safari during our Kili climb and vice versa for the safari portion.
- Some equipment can be hired for the climb if we wish to not bring our own - ie. sleeping bags. Other equipment is included in the price: tents, dining tents, cook stove, table/chairs etc.

ADVENTURELUST ✨



Your Adventure Awaits

